Bass Hill Public School Tom Thumb

Encouraging excellence and creating confident, active, lifelong

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Have you heard?

A great time was had by all at our Halloween Disco two weeks ago. A huge thank you to our wonderful P&C for making it possible.

Principal’s Message

Remembrance Day Service

Our 2 captains and vice captains represented Bass Hill PS proudly for the Remembrance Day Service at Bass Hill RSL this week. All four students placed a flower tribute as part of the service and then joined ex-service men and women for a special lunch.

Back at school William C, Amira A, Natasha R, Jade H and Trista H led a special Remembrance Day ceremony, speaking to students about the significance of this important day. Jonathon T and Ranin A laid a wreath as part of the service.

Special Points of Interest

Our next P&C Meeting will be on the 2nd of December at 7pm in the staffroom. Please join us.

Important Dates

Gymnastics – Wednesdays and Thursdays every week during Term 4

Thursday 19 November – Kindergarten Orientation Session 2

Monday 30 November – Preschool Information Session

Tuesday 1 December – Student Learning and Leadership Presentation Day

Thursday 3 December – Kindergarten Orientation Session 3

Friday 4 December – Year 6 Mini Fete

Monday 7 December – Sporting and Performance Presentation Day
Kindergarten Orientation
The first of our three Kindergarten Orientation days took place last week with many of our 2016 Kinder students enjoying time in classrooms whilst parents joined me for an information session in the library. The students attending were very settled and excited to be joining our school. Thank you to Mrs Newman for her organisation on and leading up to the day and also to the teaching staff that supported on the day.

Student Leadership
This week eight Year 5 boys and eight Year 5 girls were nominated by their peers to run for student leadership positions for 2016. These students will now prepare their speeches and present these next week. These students are standing for the positions of captains, vice captains and prefects. Congratulations to all nominated students. Positions will be announced at our upcoming Student Learning and Leadership Presentation Day.

Kindergarten Enrolments 2016
We are still accepting enrolments for Kindergarten 2016. Children born between 1st August 2010 and 31st July 2011 are eligible to enrol for Kindergarten. Parents who would like to enrol a child for Kindergarten next year, need to visit the school office. Please bring the following:
* Child’s birth certificate for proof of age
* Passports and visas for families born overseas
* Proof of residence (e.g. Council rate notice, gas, electricity account or bank account).
If you would like to complete an enrolment form prior to visiting the office, a copy of the kinder enrolment form can be found on the school website: [http://www.basshill-p.schools.nsw.edu.au/](http://www.basshill-p.schools.nsw.edu.au/)

Quote of the Week

Have a great week!
Melissa Proctor
Kindergarten Orientation
On Thursday 5th November we held our first Kindergarten Orientation session in the library. We welcomed many new and existing families to our school community and met some of the students that will be a part of our Kindergarten classes for 2016. The information session provided parents with an opportunity to understand many aspects of our school. They also had the opportunity to ask questions and enjoy a welcome morning tea hosted by our current Kindergarten classes.

Our next Kindergarten Orientation session will be held on Thursday 19th November in the school library from 9:15am to 11:00am. Parents will be invited to join their children on a treasure hunt around the school to orientate them to the buildings and places of interest.

Our last session will be held on Thursday 3rd December in the school library from 9:15am to 11:00am. The children will enjoy a session in the classroom, followed by a teddy bears picnic. Parents will be provided with their last information session and will have the opportunity to join their children at the picnic.

We look forward to seeing you at our next two sessions.

Lost Property
The number of school jackets and jumpers currently in lost property has increased significantly in the past month. Parents, please remember to clearly label all of your child’s clothing so that, should they end up in lost property they can be returned accordingly. Unfortunately, at present there are many items that do not have names on them.

Mrs Lombardo

Scholastic Book Club
Two wonderful parents have organized Book Club across the school year. Unfortunately both parents will not be with us in 2016 and we are needing to fill these positions. If you are available and willing to volunteer your time for book club in 2016, please contact the school office.

A huge thank you to Mrs Gikas and Mrs Yagami for their contribution this year.
Spooky Pizza Lunch

Year 6 would like to thank everyone for supporting their Spooky Pizza Lunch fundraiser. The pizza was delicious and the jokes were funny! All money raised will go towards the Year 6 Farewell.

We would especially like to thank the team at Suhhtan Pizza Bakery for stepping in at the last minute to ensure the day was a success. It certainly created a panic when our original order was cancelled two days before. We will be forever indebted to the Suhhtan Pizza Bakery. So please support them, they are on the highway, opposite the school.

We value

honesty

Nutrition Snippet

The simplest way

...to make tasty summer rolls.

Go for something different in the lunch box and swap a sandwich for a summer roll. These little morsels also make great after school snacks.

Ingredients

The options are endless! A combination containing a few veg (grated carrot, finely sliced cucumber, avocado, snow peas) + noodles (vermicelli, rice stick) + meat (prawns, chicken, pork) + herbs (coriander, mint) works well, wrapped up in rice paper.

Method

Prepare filling.
Soak the rice paper in warm water until just softened.
Remove from the bowl and place on a plate.
Divide filling and add each portion of rice paper.
Fold over rice paper and roll up, pressing edge to seal.
Repeat with remaining ingredients.
Cut rolls in half and serve with sweet chili sauce.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit
6 tips for raising ‘good’ kids

Harvard psychologists have been studying what it takes to raise ‘good’ kids.

Here are their six practical tips:

1) Hang out with your kids.

This is, like, the foundation of it all. Spend regular time with your kids, ask them open-ended questions about themselves, about the world and how they see it, and actively listen to their responses. Not only will you learn all sorts of things that make your child unique, you’ll also be demonstrating to them how to show care and concern for another person.

2) If it matters, say it out loud.

According to the researchers, “Even though most parents and caretakers say that their children being caring is a top priority, often children aren’t hearing that message.” So be sure to say it with them. And so they know it’s something they need to keep up with, check in with teachers, coaches, and others who work with your kids on how they’re doing with teamwork, collaboration, and being a generally nice person.

3) Show your child how to “work it out.”

Walk them through decision-making processes that take into consideration people who could be affected. For example, if your child wants to quit a sport or other activity, encourage them to identify the source of the problem and consider their commitment to the team. Then help them figure out if quitting does, in fact, fix the problem.

4) Make helpfulness and gratitude routine.

The researchers write, “Studies show that people who engage in the habit of expressing gratitude are more likely to be helpful, generous, compassionate, and forgiving — and they’re also more likely to be happy and healthy.” So it’s good for parents to hold the line on chores, asking kids to help their siblings, and giving thanks throughout the day. And when it comes to rewarding “good” behavior, the researchers recommend that parents “only praise uncommon acts of kindness.”

5) Check your child’s destructive emotions.

“The ability to care for others is overwhelmed by anger, shame, envy, or other negative feelings,” say the researchers. Helping kids name and process those emotions, then guiding them toward safe conflict resolution, will go a long way toward keeping them focused on being a caring individual. It’s also important to set clear and reasonable boundaries that they’ll understand are out of love and concern for their safety.

6) Show your kids the bigger picture.

“Almost all children empathize with and care about a small circle of families and friends,” say the researchers. The trick is getting them to care about people who are socially, culturally, and even geographically outside their circles. You can do this by coaching them to be good listeners, by encouraging them to put themselves in other people’s shoes, and by practicing empathy using teachable moments in news and entertainment.

Upworthy, Author - Maz Ali